

## Welcome to issue 11

Dear friends and colleagues.

Welcome to the 11th issue of the ESPE newsletter. As you will see, this newsletter highlights many of the upcoming events and deadlines of our society. Please pay special attention to the letter from Paul Saenger announcing the 8th Joint Meeting of the LWPES/ESPE. This meeting, to be held in New York, NY in September, promises to be interesting for everyone. I am sure that we will all benefit from the scientific aspects of the meeting and that we will also enjoy the wonderful sights and opportunities that this exciting city has to offer. Please check out the website for further details and abstract submission. You will also find information regarding the ESPE summer school that will be held immediately following the joint meeting. A brief announcement of the 48th Annual ESPE meeting to be held in Prague is also included. The preparation of this meeting is well underway and also looks to be a very exciting meeting.

Once again Ze'ev Hochberg is looking for volunteers for the PanAfrican Programme. This is a wonderful programme to help train fellows from various African countries, so please do try to participate.

The Turner Syndrome Working Group is also asking for the active participation of ESPE members in order to collect data on the management and outcome of individuals with Turner Syndrome. Please do contribute your experience to this initiative.

We have also included information on some of the different ESPE awards, grants and fellowships that might be of interest. You are still on time to meet the specific deadlines, so please do apply. And, as always, I ask for all of you to please send us information that you would like to include in the ESPE Newsletter. This is a great way of communicating important events and initiatives with your colleagues.

Yours sincerely,

PROFESSOR JESÚS ARGENTE  
*Editor, ESPE Newsletter*

### Editorial Board

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# LWPES/ESPE 8th Joint Meeting

9–12 September 2009, New York, USA

[www.lwpes-espe2009.org](http://www.lwpes-espe2009.org)

Dear colleagues:

It is with great pleasure that I invite all of you to come to New York for the 8th Joint Meeting, 9–12 September 2009.

The meeting will bring together LWPES and ESPE as well as our sister societies APES, APPEG, JSPE and SLEP and continues a 25-year-old tradition of cooperation.

Our theme will be "Global Care in Paediatric Endocrinology" and the format of our meeting will be truly global. We expect over 2000 delegates in the newly refurbished Hilton New York in mid-town Manhattan. The hotel has over 1900 rooms and 150 000 sq. ft. of function space and will make for an attractive venue. While the Hilton New York will be the headquarters hotel, the 1750 room Sheraton New York Hotel and the 665 room Sheraton Manhattan Hotel are only one block away and will also serve as conference hotels. With its central location, the congress venue is just a short walk away from all the excitement of New York. Information on the hotels is now available at the congress website.

The meeting will begin with the "Clubs" in the morning on Wednesday 9 September, and we will launch the core meeting in the afternoon. We will have six plenary sessions, three yearbook sessions as well as interactive and pro/con sessions. There will be 19 themed symposia and 26 Meet-the-Expert sessions. We expect 1500 posters and will schedule 15 platform sessions. We will have many satellite sessions on growth and diabetes throughout the three days. The preliminary programme is now available at the congress website.

We have booked the Museum of Modern Art (MoMA) on 54th Street, around the corner from the Hilton New York, for our Gala evening on Thursday 10 September. Founded in 1929, MoMA's collection includes around 150 000 paintings, sculptures, drawings, photographs and other works of contemporary art from the nineteenth century to the present. The Friday evening has been left free so that delegates can experience the sights of this vibrant city.

The abstract submission site is now open at <http://www.call4abstracts.com/lwpes> and

## IMPORTANT DATES

**8th Joint ESPE/LWPES Meeting**  
New York, USA, 9–12 September 2009

Please visit the website for further information: [www.lwpes-espe2009.org](http://www.lwpes-espe2009.org)

**The 49th ESPE Annual Meeting**  
Prague, Czech Republic,  
22–25 September 2010

Please visit the website for further information: [www.espe2010.org](http://www.espe2010.org)

Please visit the ESPE website for details about future meetings: [www.eurospe.org](http://www.eurospe.org)

**Society for Endocrinology  
BES Meeting 2010**

Manchester, 15–18 March 2010  
Email: [conferences@endocrinology.org](mailto:conferences@endocrinology.org)  
[www.endocrinology.org/meetings/](http://www.endocrinology.org/meetings/)

participants are encouraged to submit their abstracts for a poster or platform presentation. The deadline is 10 April 2009 and authors will be notified by 10 June 2009.

Congress registration and housing websites are now open. Register before 7 August to take advantage of the earlybird discount!

My email address is [PHSaenger@aol.com](mailto:PHSaenger@aol.com). Cheryl Gallagher is the Meeting Manager. Please consult her if you have questions regarding the meeting, travel and hotel accommodation enquiries. She can be reached via telephone at 856-380-6812 or via email at [cgallagher@ahint.com](mailto:cgallagher@ahint.com).

I hope to welcome all of you in September in New York.

Sincerely,

Paul Saenger, MD,

President, Organising Committee



PHOTO COURTESY OF DAVID BERENGER

### Organising Committee

Paul Saenger, MD  
President

Robert Rapaport, MD  
Edward Reiter, MD  
Charles Stanley, MD  
Phyllis Speiser, MD  
Alan Rogol, MD  
Mark Sperling, MD



# ESPE Awards, Grants & Fellowships

## ESPE Research Unit Collaborative Project Grants

Participation in research studies and other related activities of the Research Unit will be open to any ordinary member of the European Society of Paediatric Endocrinology actively involved in paediatric endocrinology.

The recipients of the grant will be announced at the 8th Joint LWPES/ESPE Meeting in New York.

For further information, please visit the ESPE web page <http://www.eurospe.org/research/index.html> or contact:

Prof. Primus-E Mullis, ESPE Research Unit Co-ordinator  
University Children's Hospital  
Paediatric Endocrinology / Diabetology & Metabolism  
Inselspital, CH-3010 Bern, Switzerland  
E-mail: [primus.mullis@insel.ch](mailto:primus.mullis@insel.ch)

**Deadline for preliminary applications: 19 April 2009**

**Deadline for submitting a completed Collaborative Research Grant: 14 June 2009**

## ESPE Visiting Scholarship

The ESPE Visiting Scholarship offers financial support to members of the Society or to their collaborators in the view of gathering information and experience on a specific research issue OR on a laboratory technique in the field of paediatric endocrinology. Proposed projects should endeavour to increase general know-how in paediatric endocrinology at the recipient's home institution.

The stated aim of the scholarship, as agreed upon by ESPE and the sponsoring company, is to help recipients to overcome unforeseen obstacles that may arise in the course of a research project in a simple, quick and streamlined manner. Four scholarships of €2500 each will be available on an annual basis.

The ESPE Visiting Scholarship is awarded on the basis of nominations made by an ESPE member. Priority will be given to applicants who demonstrate how they intend to bring important knowledge and/or techniques back to their home institution.

For further information on how to apply, please visit [http://www.eurospe.org/awards/awards\\_visitingsscholar.html](http://www.eurospe.org/awards/awards_visitingsscholar.html).

### Forthcoming deadlines:

30 April 2009	31 July 2009
31 October 2009	31 January 2010

## ESPE Clinical Fellowship

The Clinical Fellowship of the European Society of Paediatric Endocrinology aims to promote the development of patient care, clinical management and clinical research in paediatric endocrinology through a training programme in a European Clinical centre.

### The training

The training is provided by European Centres with a highly recognized reputation in Clinical Paediatric Endocrinology.

The ESPE Clinical Fellowship offers two options:

#### 1. Long-Term Clinical Fellowship

To support the training of paediatricians in paediatric endocrinology coming from a country where possibilities for such training are not present or insufficient as well as to introduce them into clinical research. The training period is 6 to 12 months.

#### 2. Short-term Clinical Fellowship

To support appropriate training of qualified paediatric endocrinologists in a specific area of paediatric endocrinology coming from a home centre and/or home country where possibilities for such training are insufficient. The training period is 3 months.

For further information and application details, please visit [http://www.eurospe.org/awards/awards\\_clinicalfellow.html](http://www.eurospe.org/awards/awards_clinicalfellow.html).

**Deadline for applications: 31 May 2009**

## ESPE Sabbatical Leave Programme

The ESPE Sabbatical Leave Programme permits ESPE members to take a sabbatical in order to carry out research in another institution, providing a unique opportunity for scientific renewal, new research development and the establishment of collaborative links.

There is no deadline and ESPE members can apply at any time. For further information, please visit [http://www.eurospe.org/awards/awards\\_sabbatical.html](http://www.eurospe.org/awards/awards_sabbatical.html).

## Andrea Prader Prize

The Andrea Prader Prize is an annual leadership award given to a member of the Society. It is the most prestigious ESPE senior award, created to honour lifetime achievement in teaching and research and to recognise outstanding leadership and overall contribution to paediatric endocrinology. The prize is awarded through nomination and selection by the Andrea Prader Prize Committee.

## Research Award

This prestigious award is given to an ESPE member in recognition of research achievements of outstanding quality in basic endocrine science or clinical paediatric endocrinology. The prize is awarded through nomination and selection by the Andrea Prader Prize Committee.

## Young Investigator Award

The Young Investigator Award is conferred to a young European paediatrician, not older than 40 years of age by the end of the year in which the award is given, in recognition of his or her scientific publications. The award is given on the basis of a selection from submissions received from applicants. The deadline for applications is 15 January each year.

## Outstanding Clinician Award

The Outstanding Clinician Award recognises outstanding clinical contribution to the practice of clinical paediatric endocrinology. The award is given on the basis of nominations received from ESPE members. The deadline for applications is 15 January each year.

## Henning Andersen Prizes

The Henning Andersen Prizes are two awards for the most highly rated clinical and experimental abstracts submitted to the Society's annual meeting.

## ESPE President Poster Awards

The ESPE President Poster Awards are awarded to the five best posters on display at the annual meeting and are bestowed by the Programme Organising Committee. The winners are announced by the President of the meeting during the awards session held prior to the closing ceremony.

## Travel Grants

Travel Grants are available for attendance of the annual congress if the applicant has submitted a high quality abstract. Information can be found on the congress website prior to the meeting.

Full details of all the awards, grants and fellowships are available at <http://www.eurospe.org/awards/index.html>.

## 8th Joint ESPE/LWPES Meeting

9-12 SEPTEMBER 2009, NEW YORK, USA

### Abstract submission site now open!

Deadline for abstract submissions	10 April 2009
Notification of abstract acceptance	10 June 2009

### Housing and Congress Registration now open!

Deadline for early registration	7 August 2009
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### ESPE Annual Business Meeting 2009

15:30-17:30, 9 September 2009

For the most up to date information about the Annual Meeting, please visit the meeting website: <http://www.lwpes-espe2009.org/>



## 23rd Summer School of the European Society for Paediatric Endocrinology

12–15 September 2009

Briarcliff Manor, New York, USA

Sponsored by educational grants from Ferring Pharmaceuticals A/S and TEVA

This year's ESPE Summer School will be held close to New York in a quiet environment to promote interactions between participants.

The aims of the ESPE summer school are to provide up to date basic and clinical teaching in selected areas of paediatric endocrinology, to promote discussions and interactions between younger and more senior paediatric endocrinologists and to encourage young paediatric endocrinologists to pursue an academic track. The target audience is composed of physicians in academic training



in paediatric endocrinology, aged 40 years or less. The course extends over 3 days and is composed of lectures, discussions and interactive case presentations.

Although the registration deadline for the 2009 Summer School has now passed, make a note in your diary to apply for next year's. For information on future training courses visit <http://www.eurospe.org/education/>.

### Deadlines

Please note these fast approaching deadline dates and submit your applications as soon as possible.

Awards, grants and fellowships - deadline dates for application

Deadline date for applications for 2010 membership	15 Jan 2010
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Deadline for abstract submissions for 8th joint LWPEs/ESPE meeting	10 April 2009
Research Unit (preliminary applications)	19 Apr 2009
Visiting Scholarship	30 Apr 2009
Clinical Fellowship	31 May 2009
Research Unit (final applications)	14 Jun 2009
Visiting Scholarship	31 July 2009
Deadline for early registration for 8th joint LWPEs/ESPE meeting	7 August 2009
Visiting Scholarship	31 Oct 2009
Young Investigator Award	15 Jan 2010
Outstanding Clinician (nominations from members)	15 Jan 2010
Research Fellowship	1 Mar 2010
Sabbatical Leave Programme	No deadline

See the ESPE website [www.eurospe.org](http://www.eurospe.org) for further details & application forms

## PanAfrican Fellowship Programme in Paediatric Endocrinology

Dear ESPE members,

This is my semi-annual report and call for volunteers for ESPE's PanAfrican Fellowship Programme in Paediatric Endocrinology.

We opened our Training Centre in Nairobi in May 2008 with eight fellows from Nigeria, Kenya and Tanzania, tutored by a rotating ESPE member. After 6 months in the centre, they went home to open their paediatric endocrine clinics and do their research projects. They will be back in May 2009 for a 3-month period of crystallisation.

In November, we started the second group, with fellows from Nigeria, Sudan, Kenya and Tanzania. ESPE has been represented by a group of devoted tutors, who spent a month in the centre, and each one of them had an unforgettable experience. Some of their reports and further information on the PanAfrican Fellowship Programme can be found on our website at [http://www.eurospe.org/education/education\\_developingcountries.html](http://www.eurospe.org/education/education_developingcountries.html).

We have a list of ten volunteers for 2009 and two for 2010. Anyone who wishes to spend a month in the centre is welcome to email me at [z\\_hochberg@rambam.health.gov.il](mailto:z_hochberg@rambam.health.gov.il). The centre covers travel, health insurance and accommodation, and ESPE provides a €500 honorarium.

Don't miss the opportunity!

**Ze'ev Hochberg, Israel**

Coordinator, ESPE Africa Programme

## Message from the Turner Syndrome Working Group

Dear colleagues,

We wish you a happy and productive new year!

The ESPE Turner Syndrome (TS) working group has initiated a project of data recording on "long-term outcome of subjects with TS older than 15 yrs".

It is anticipated that such data, derived from a large number of patients, will disclose any possible pitfalls in our current management and consequently will prove very useful in further planning of long-term follow-up of individuals with TS.

Obviously, the success of this effort will depend on a massive participation of clinicians caring for TS girls. Specific efforts should be made (especially by paediatric endocrinologists) in localising older persons with TS.

Physicians interested in taking part in this very important effort can obtain information from the TS working group coordinator, Catherine Dacou-Voutetakis, at [adacou@med.uoa.gr](mailto:adacou@med.uoa.gr).

For more information on the TS working group, visit the ESPE website: <http://www.eurospe.org/about/workinggroups/Turners.html>.

Thank you in advance for your co-operation.

Warmest regards,

**Catherine Dacou-Voutetakis**

Turner Syndrome working group coordinator



# 48th Annual ESPE Meeting

22–25 September 2010  
Prague, Czech Republic

The 48th Annual Meeting of the European Society for Paediatric Endocrinology (ESPE 2010) will be held in Prague, Czech Republic, on 22–25 September 2010.

Our host city is the seat of the oldest university in Central Europe, founded by King Charles IV in 1348. The Czech Republic is also known for being the birthplace of scientists and physicians who have contributed greatly to the achievements of medicine, including Gregor Mendel, Jan E Purkinje and Sigmund Freud.

The theme of the meeting will be "Bridging Clinical Care and Basic Research". The plenary lectures, symposia, meet-the-experts and interactive sessions aim to bring new data from the basic sciences to the clinician, as well as to stimulate discussion of topics needing future research both at the bench and in the clinics. We hope that you will appreciate this new symposia format and look forward to your feedback.

The Prague meeting will also reflect the globalisation of our specialty, and aim to promote further collaboration among the sister societies through joint symposia. These symposia will provide a unique occasion to share medical experience from around the world, and help to elucidate the role of genetic heritage and different systems of health care delivery on disease phenotype and outcome.

The glass-walled Prague congress centre will give you a panoramic view of the city while attending the exhibitions, poster sessions and coffee breaks. However, we hope that you will also find the time to stroll along the streets, lanes and riversides of medieval Prague, to appreciate its rich history and architecture, as well as its specialty shops and restaurants.

We look forward to seeing you at the 48th Annual ESPE Meeting in Prague!

JAN LEBL, *President ESPE 2010*

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## ESPE Secretariat

The ESPE Secretariat is managed by BioScientifica Limited. BioScientifica is headed by Managing Director Sue Thorn and Commercial and Operations Director Nigel Garland.

Joanne Fox-Mills, BioScientifica's Secretariats Manager, oversees the day-to-day relationship with ESPE, liaising with the ESPE council and committee members as well as being the main point of contact for ESPE enquiries. She undertakes projects requested by the Secretary General, providing him with assistance and attending ESPE council and committee meetings. Jackie Anderson handles membership renewals, payments and banking and deals with subscriptions to *Hormone Research*.

Tom Parkhill manages the Corporate Liaison Board and deals with industry sponsors. Sarah Esberger sub-edits and co-ordinates publication of the ESPE Newsletter.

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## ESPE Newsletter

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*The views expressed by the contributors are not necessarily those of ESPE.*



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