

Welcome to issue 12

Dear friends and colleagues.

Welcome to issue 12 of the ESPE Newsletter. As could be expected, this issue emphasises the upcoming joint meeting of the Lawson Wilkins Pediatric Endocrine Society/European Society for Paediatric Endocrinology meeting in New York, NY. In this issue there is a brief synopsis of what one can expect from this always interesting meeting. We do hope to see all of you in New York this September.

You will also find reports from the last ESPE Summer and Winter School's and deadlines for upcoming events. We have included a report from the ESPE Corporate Liaison Board to help members to better understand the aims and responsibilities of the CLB as well as an article on the ESPE Clinical Fellowship Programme.

We would also like to draw the attention of all members, and non-members, to *Hormone Research* and the *Hormone Research Prize*. Remember, this is the official journal of ESPE and it is up to us to improve this journal as well as its impact factor. Please remember this when sending original articles to be published.

Finally, the planning of the ESPE 2010 meeting is well underway and the important deadlines for this meeting are included, as well as some brief information about next year's meeting in beautiful Prague.

Once again, we look forward to hearing from all of you. Please remember, this is a great way to communicate with your colleagues.

Yours sincerely,

PROFESSOR JESÚS ARGENTE
Editor, ESPE Newsletter

Editorial Board

Carlo Acerini	Feyza Darendeliler
Simonetta Bellone	Ken Ong
Julie Chowen	

8th Joint ESPE/ LWPES Meeting

9–12 SEPTEMBER 2009,
NEW YORK, USA

Deadline for early registration
7 August 2009

ESPE Annual Business Meeting 2009

15:30–17:30, 9 September 2009

For the most up to date information about the Annual Meeting, please visit the meeting website: <http://www.lwpes-espe2009.org/>

The 8th Joint Meeting of the Lawson Wilkins Pediatric Endocrine Society / European Society for Paediatric Endocrinology

9–12 September 2009, New York, USA

www.lwpes-espe2009.org



PHOTO COURTESY OF DAVID EISENBERG

The Lawson Wilkins/ESPE joint meetings occur every four years and this year it will be held in New York City. The congress venue will be the Hilton New York, located in midtown Manhattan and close to various international airports.

The organising committee has put together an excellent programme. The meeting will begin on the morning of 9 September with Concurrent Sessions of the Bone/Growth Plate/Turner, Obesity, DSD, Turner and PAG clubs. This will be followed by a Yearbook Symposium and Interactive Sessions. The ESPE and SLEP business meetings will be held between 15:30 and 17:30. The day will finish with a Satellite Symposium and the Welcome Reception.

On Thursday, 10 September the programme starts bright and early with a Satellite Symposium at 6:30, followed by Meet-the-Expert sessions and selected Oral Communications. The first Plenary session will be held in the morning at 9:20, followed by more Meet-the-Expert sessions, Yearbook sessions and Oral Communications. In the afternoon there will be five Concurrent Symposia, focused on adrenarcho, hypoglycaemia, puberty, endocrine pathology of the premature infant and prolactin. The day will finish with the Plenary session including the Prader Award and Henning Anderson Award lectures, followed by a Satellite Symposium.

Once again on Friday morning we will start with a Satellite Symposium at 6:30, with Meet-the-Expert sessions and a Yearbook session preceding the third Plenary lecture. The four Concurrent Symposia will include endocrine imaging, international diabetes trials, longevity and a Ross Clark Memorial Symposium on IGF-1 in health and disease. The afternoon Concurrent Symposia will include diabetes in indigenous and developing populations, genome-wide association screening, sex chromosomes, pro/con sessions and vitamin D. The evening finishes with the fourth Plenary lecture and a Satellite Symposium.

The programme for Saturday morning again starts at 6:30 with a Satellite Symposium and Meet-the-Expert sessions. The Plenary Awards session will begin at 8:00. The Concurrent Symposia will include adrenal disorders, syndromic DSD, bone and the international consensus meeting report on insulin resistance. The final Plenary lecture session will take place at 13:30, followed by the meeting's closing remarks.

Please mark your calendars for the upcoming joint meeting as it is sure to be a huge success. In addition, New York City, with some of the best restaurants in the world, attractions such as the numerous museums, Empire State Building and Times Square, as well as the entertainment in the Broadway theatre district, will be an exciting location for this meeting. Register before 7 August and benefit from the early registration discount!

Organising Committee:

Paul Saenger MD *President*; Robert Rapaport MD; Edward Reiter MD; Charles Stanley MD; Phyllis Speiser MD; Alan Rogol MD; Mark Sperling MD



IMPORTANT DATES

8th Joint ESPE/LWPES Meeting New York, USA, 9–12 September 2009

Please visit the website for further information: www.lwpes-espe2009.org

The 49th ESPE Annual Meeting Prague, Czech Republic, 22–25 September 2010

Please visit the website for further information: www.espe2010.org

Please visit the ESPE website for details about future meetings: www.eurospe.org

Society for Endocrinology BES Meeting 2010

Manchester, 15–18 March 2010

Email: conferences@endocrinology.org
www.endocrinology.org/meetings/



ESPE Winter Schools

ESPE Winter School 2009

27 February to 4 March 2009, Moscow, Russia

The 2009 Winter School saw a return to Moscow in Russia for the first time in a decade. The venue was a spacious, simple pension in a forest near Otradnoe, a small town on the outskirts of Moscow. The building, which is surrounded by pine trees, serves as a cross-country ski resort as well as a hotel, and has a small skating rink. We decided on a two-hour break at lunchtime to allow the Winter School faculty the opportunity to walk and ski in the daylight, at the expense of working until 21:30 most evenings!

Of the 25 students attending the Winter School, 17 were from Russia – Khimki, Mordovia, Moscow, Novosibirsk, Orenburg, Samara, Saratov, Tomsk and Ufa. The remaining students were from Azerbaijan, Belarus, Bulgaria, Israel, Lithuania, Ukraine and Uzbekistan. The students got on together famously and it was inspiring to witness new friendships being formed.

The teaching faculty consisted of Gary Butler (UK), Malcolm Donaldson (UK, co-ordinator), Christa Flück (Switzerland), Ahmed Gaouzi (Morocco, local organiser for 2010), Anatoly Tiulpakov (Russia, local organiser), Guy van Vliet (Canada), and Jerry Wales (UK).

As usual we tried to cover all the main areas of paediatric endocrinology during the five days with a combination of interactive lectures, student presentations, and small group teaching. There were also research lectures, following which the students presented their research projects and proposals in small groups. Twelve students were then selected to present their work to the plenum. As ever, the most popular sessions were the small group sessions of Teacher's Cases, particularly those of Christa Flück, a newcomer to the faculty, whose groups regularly insisted on her continuing her teaching far beyond the normal 1½ hours!



Winter School students and faculty, Otradnoe, 2009

The half-day excursion this year started with skiing and hiking in the woods, followed by a coach trip into the centre of Moscow to visit Red Square and then a walk to the Novaya Opera Theatre where we attended a performance of two pieces by the Imperial Russian Ballet. On the last evening we had the gala dinner during which wine and tributes (mostly from the students) flowed. As usual, there was a lot of singing each evening. We are very grateful to Anatoly for organizing such a splendid venue – it was simple, very reasonable in price, ideal in terms of leisure and recreation, and the food was excellent (particularly the delicious soups)!

Deadlines

Please note these fast approaching deadline dates and submit your applications as soon as possible.

Awards, grants and fellowships - deadline dates for application

Deadline date for applications for 2010 membership 15 Jan 2010

Visiting Scholarship	30 Apr 2009
Clinical Fellowship	31 May 2009
Research Unit (final applications)	14 Jun 2009
Visiting Scholarship	31 July 2009
Visiting Scholarship	31 Oct 2009
Young Investigator Award	15 Jan 2010
Outstanding Clinician (nominations from members)	15 Jan 2010
Research Fellowship	1 Mar 2010
Research Unit (preliminary applications)	19 April 2010
Visiting Scholarship	30 April 2009
Clinical Fellowship	31 May 2010
Research Unit (final applications)	14 June 2010
Sabbatical Leave Programme	No deadline

See the ESPE website www.eurospe.org for further details & application forms

ESPE Winter School 2010

12–18 February 2010, Morocco

In 2010 the Winter School returns to North Africa but this time to Morocco in the northwest rather than Egypt (which was the host country for 2008). For the first time ever, the meeting will be conducted in French! This decision has been taken in the light of advice from our Moroccan colleagues indicating that many more paediatricians from this area will apply if French, rather than English, is the language spoken. The dates for this meeting are now finalised for 12–18 February. We are delighted that Mireille Castanet and Juliane Leger from France have agreed to join the faculty for 2010.

We will be welcoming applications from Morocco, Algeria and Tunisia, and also from

French-speaking West African countries such as Cote d'Ivoire and Senegal.

Pharmaceutical support

As ever, we are profoundly indebted to Ferring Pharmaceuticals, and particularly to Phil Boothroyd, Global Brand Manager, Endocrinology & Gastroenterology, for their generous and continuing support of the Winter School.

DR MALCOLM DONALDSON

ESPE Winter School Co-ordinator

Department of Child Health, Royal Hospital for Sick Children, Yorkhill, Glasgow G3 8SJ, UK

Tel: +44 (0)141 201 0241; Fax: +44 (0)141 201 0837

Email: mdcd1t@clinmed.gla.ac.uk

ESPE Summer School 2009

12–15 September 2009, Briarcliff Manor, New York, USA

This year's ESPE Summer School will be held in a quiet environment close to the bustle of New York. Topics covered this year include DSD, obesity, T2DM, metabolic syndrome, autoimmunity and endocrine manifestations and problems in childhood cancer.

Although the registration deadline for the 2009 Summer School has now passed, be sure to look out for news of next year's in Prague. For information on future training courses visit: <http://www.eurospe.org/education/>.

Sponsored by educational grants from Ferring Pharmaceuticals A/S and TEVA.

Hormone Research

ESPE official journal

Hormone Research Prizes

The ESPE *Hormone Research* prize is awarded to young investigators who have published their work in *Hormone Research*. It is not mandatory that the author be a member of ESPE, APPEP or SLEP. The first prize was given in 2005 and, since 2007, two awards are given during one of the sessions of the annual ESPE meeting.

One prize is given to the best Original Paper. The editorial policy is now to accept papers related to research in the field of paediatric and adolescent endocrinology and diabetes.

The other prize is given to the author of a paper published in the "Novel Insights" section. This section replaces the previous "Case Report" category. These papers should provide a new perspective on a recognised clinical scenario or may represent a new clinical condition.

Both prizes are selected by the members of the Editorial Board. These two prizes are sponsored by Karger Publishers and we are very grateful to Karger for their generous support to paediatric endocrinology and diabetes.

PROFESSOR PAUL CZERNICHOW
EDITOR-IN-CHIEF, *HORMONE RESEARCH*

About the journal

Hormone Research has been the official journal of the European Society for Paediatric Endocrinology since 1989 and is a respected and well-established journal in the field of endocrinology. The journal welcomes both clinical and basic research papers, thus bridging the gap between the laboratory and the clinical setting and encouraging the interchange of ideas. *Hormone Research* aims to provide rapid publication of clinical investigations, mini reviews and novel insights from clinical experience, as well as experimental and methodological work related to paediatric and adolescent endocrinology.

Original research papers provide a background of experimental data on the pathology, cytology, histology, biochemistry, pharmacology and regulation of hormones; mechanisms of endocrine disease; developmental endocrinology and molecular genetics. Authoritative reports draw on clinical and epidemiological experiences concerning new variations of disease and diagnostic and therapeutic procedures and possibilities, including efficacy and risks of new treatments. In particular, such topical problems as growth,



diabetes, sexual development and tumours of endocrine origin are covered in depth.

The "Novel Insights from Clinical Experience" section highlights important new pathological mechanisms, unexplained complications and therapeutic perspectives. In addition to high-quality research papers, comprehensive mini-reviews on both basic and clinical topics are published monthly.

Online submission and peer review provide authors with a high quality service and accepted manuscripts are published online ahead of print, meaning they can be cited immediately.

Support ESPE's official journal by submitting your first-rate research, from developmental endocrinology to clinical findings.

www.karger.com/hre

other ESPE activities

The ESPE Corporate Liaison Board

The ESPE Corporate Liaison Board (CLB), Chaired by Professor Chris Kelnar, was set up in order to facilitate communication and co-operation between ESPE and Industry with the aim of furthering research, education and clinical care in the field of paediatric endocrinology. At all times benefit to the child is the prime consideration.

To further these aims, the pharmaceutical industry works closely with ESPE in this context both to support the Annual Scientific Meetings of the Society and key ESPE activities such as the Summer and Winter Schools, Clinical and Research Fellowships, the Research Unit, Sabbatical Leave and Visiting Scholarship Programmes, and Awards (Andrea Prader Prize, Research Award, Young Investigator, Outstanding Clinician awards etc). Full details are on the ESPE web site.

The relationship between clinicians and the pharmaceutical industry must be carefully defined but is potentially of benefit to both parties and to patients. The ESPE CLB has been cited as a paradigm for how this association should be constituted, developed and monitored so that the relationship between clinicians and industry is well defined and structured. Full integrity regarding all scientific issues is carefully monitored and maintained within the increasingly stringent rules concerning the services that may be provided by the pharmaceutical industry.

Within these guidelines, ESPE is always seeking additional ways to support educational activities and the Annual Scientific Meetings. Any ESPE member who can contribute suggestions or key contacts should get in touch with Professor Kelnar (chris@kelnar.com).

PROFESSOR CHRIS KELNAR, Chair, ESPE Corporate Liaison Board

The ESPE Clinical Fellowship Programme

The ESPE Clinical Fellowship Programme aims to promote clinical management expertise and clinical research through a training programme in a European clinical centre of excellence, and thus help to develop, achieve and maintain the highest standards of paediatric endocrine clinical care worldwide.

Clinical Fellowship Awards support the training of paediatricians in paediatric endocrinology for whom the possibilities for such training are insufficient and to introduce them to clinical research. The training period is between 3 and 12 months and is provided by European Centres with a high reputation in clinical paediatric endocrinology.

In recent years Fellowships have been awarded to trainees from Eastern and Western Europe, Africa, India, Pakistan, The Middle East, China and South America. The clear expectation is that, on completing their Fellowship, Fellows return to develop paediatric endocrinology clinical care in their home countries and institutions.

The Committee that administers the Programme consists of Professor Chris Kelnar (Chair), Professor Jan Lebl (Secretary), Dr Rasa Verkauskiene and Dr Violeta Lotava, with a representative from Merck Serono who generously support the Programme, as does ESPE itself.

The deadline for applications is May 31st each year and details about the Programme and details of how to apply are on the ESPE web site.

The Committee is always pleased to hear from further Centres who would be willing and able to host Fellows and to provide further information to potential applicants for Clinical Fellowships from anywhere in the world.

PROFESSOR CHRIS KELNAR, Chair, ESPE Clinical Fellowship Committee

The ESPE 2010 website is now live!
Keep up to date with information on
the meeting at www.espe2010.org.

The theme of the meeting will be "Bridging
Clinical Care and Basic Research". The
Scientific Programme will start on Wednesday
22 September and end on Saturday 25
September and will include Plenary Lectures,
Symposia, Free Communications, Poster
Presentations, New
Technologies, Meet-the-Expert
Sessions and Exhibitions,
allowing both clinicians and
basic researchers to hear the
most recent developments and
future perspectives of the field.



49th Annual ESPE Meeting
22-25 September 2010
PRAGUE, CZECH REPUBLIC

Deadlines

Abstract submission	March 2010
ESPE travel grant application	March 2010
Early registration	June 2010

Further information on abstract
submission, applying for ESPE travel grants
and registration will be available later this year.

**Remember to pay your
membership fee for 2009**

Any members who have not paid their
membership subscription prior to the
Annual Business Meeting in New York on
9 September will not be entitled to vote
at the meeting.

To pay your 2009 membership online,
please visit [http://www.eurospe.org/members/
renewal/index.asp](http://www.eurospe.org/members/renewal/index.asp). Please contact the
ESPE Secretariat at espe@eurospe.org if
you have any membership queries.

ESPE Secretariat

The ESPE Secretariat is managed by
BioScientifica Limited. BioScientifica is headed
by Managing Director Sue Thorn and Commercial
and Operations Director Nigel Garland.

Joanne Fox-Evans, BioScientifica's
Secretariats Manager, oversees the day-to-day
relationship with ESPE, liaising with the ESPE
council and committee members as well as being
the main point of contact for ESPE enquiries. She
undertakes projects requested by the Secretary
General, providing him with assistance and
attending ESPE council and committee meetings.
Jackie Anderson handles membership renewals,
payments and banking and deals with
subscriptions to *Hormone Research*.

Tom Parkhill manages the Corporate Liaison
Board and deals with industry sponsors.
Sarah Esberger sub-edits and co-ordinates
publication of the ESPE Newsletter.

ESPE Secretariat, BioScientifica Ltd
Euro House, 22 Apex Court, Woodlands,
Bradley Stoke, Bristol, BS32 4JT, UK
Tel: +44 (0) 1454 642 246
Fax: +44 (0) 1454 642 222
Email: espe@eurospe.org



50th Annual ESPE Meeting
25-28 September 2011
GLASGOW, SCOTLAND

ESPE Newsletter

© 2009 The European
Society for Paediatric
Endocrinology
*The views expressed by
the contributors are not
necessarily those of ESPE.*



Secretary General
Francesco Chiarelli, MD, PhD
Professor of Paediatrics and Paediatric
Endocrinology, University Department of
Paediatrics, Via dei Vestini, 5, I-66013 Chieti, Italy
Tel: +39 0871 358015 - 574538; Fax +39 0871
574831; Email: chiarelli@unich.it

Editor
Professor Jesús Argente
Hospital Universitario Infantil Niño Jesús
Department of Endocrinology, Universidad
Autonoma, Avda Menendez Pelayo, 65, MADRID,
ES-28009, Spain. Email: argentefen@terra.es

ESPE web site: www.eurospe.org

Newsletter: Designed by subLine

 Published by BioScientifica Ltd
Euro House, 22 Apex Court, Woodlands,
Bradley Stoke, Bristol, BS32 4JT, UK
www.bioscientifica.com

*BioScientifica is a subsidiary of
the Society for Endocrinology*

ESPE Newsletter is produced with an educational grant from Ipsen