

ESPE Winter School 2024
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I feel privileged to have participated in the ESPE Winter School 2024 as a student and ESPE YES Group representative.

The faculty for the school included Justin Davies (Programme Co-ordinator), Rita Bertalan, Jo Blair, Tulay Guran, Rasha Hamza (Host Co-ordinator), Artur Mazur and Talat Mushtaq. My school mentor was Rita Bertalan from Hungary, who is a senior endocrinologist with extensive experience. In Central and Eastern Europe, she has established a broad and efficient network with most of the leading paediatric endocrinologists, by participating in international events on different interests.

It was a great learning experience to interact with the esteemed Winter School faculty and paediatric endocrine fellows from different parts of the world over the course of five days. The days ran from 08.00 to 17.00, with excellent lectures by the faculty, case presentations by students, and teacher case presentations in small groups. As well as giving outstanding lectures and leading interactive sessions, the faculty was actively engaged in the student case presentations. At the end of each day, there were social gatherings. On the third day, all the faculty and students visited the Cairo National Museum, which was followed by dinner by the River Nile, and a river cruise.

I must recommend that everyone should apply for the ESPE Winter School, which is very important for several reasons:

- It provides a platform for young researchers and clinicians to come together and learn about the latest developments in paediatric endocrinology.
- It provides opportunities for collaboration, knowledge sharing and networking that can help advance the field.
- The event offers a structured programme of lectures, workshops and interactive sessions that cover a wide range of relevant topics.

Overall, the ESPE Winter School plays a crucial role in fostering the growth and development of future leaders in paediatric endocrinology.





